

— INAUGURAL —

# MIND BODY & BBQ

A DAY OF  
**HEALTH,**  
COMMUNITY &  
CONNECTION!

★ CHANGING LIVES, TRANSFORMING COMMUNITIES ★



**SATURDAY**  
**SEPTEMBER 26, 2026**



**10AM – 3PM**



**HOPE FOR  
THE INNER CITY**

1800 Roanoke Ave.  
Chattanooga, TN 37406

1



**TOURS OF HOPE**

2



**HEALTH VENDORS**

3



**MORE**

**FREE**

HOT DOGS &  
HAMBURGERS



**FOR THE FIRST 100 GUESTS!**



**BBQ**  
*for sale*

HOSTED BY:



**HOPE**  
FOR THE INNER CITY

